



MESSAGE FROM THE PRESIDENT

We are coming upon December, the last page of the 2020 calendar and the end of the Fall 2020 semester. There are still sessions to attend and don't forget our Virtual Holiday Social on December 9th. The Membership Committee has planned the Virtual Holiday Social with activities and entertainment! As you may recall, the Board of Directors generously voted to renew all current memberships at no fee for the Fall 2020 semester. However, you will be required to renew your membership for the Spring 2021 semester by December 31, 2020. If you don't, you will be missing out on the opportunity to attend the sessions the Curriculum Committee has planned with all kinds of interesting topics and outstanding speakers! Examples of sessions on the calendar are a primetime television producer, a New York Times author and a former Supreme Court clerk.

Please note, we will continue to have our sessions in Zoom format until otherwise directed by University of Mary Washington. I realized this isn't everyone's desired way of doing things and many of you are missing the classroom experience, but this is the best we can do for now. Do you want to stay in touch with fellow members? There is time before and after each session to socialize. Also, the second Friday of the month is the Virtual Wine and Cheese Social.

Our organization is very fortunate to have so many dedicated members who have volunteered their time to ensure ElderStudy was functioning in 2020 and will continue to do so in 2021. I am not going to ask the standard question: "What are your resolutions for the New Year?" Instead I'd like to ask: "What are your ElderStudy plans for 2021?" Maybe you should consider not just being an ElderStudy member, but rather join a committee or become a Board of Directors member. We will have more details about the election of Board of Directors in the February newsletter.

Please stay safe and healthy,
Michelle M. Esbenshade

P.S. The University of Mary Washington generously provides the classroom for meeting/sessions and their scholars; however, ElderStudy does not receive any outside financial support from UMW or any other organization.

*"Intellectual growth should commence at birth and
cease only at death."*

Albert Einstein

CURRICULUM COMMITTEE REPORT

Yes, we survived Fall 2020. And more than survive, at Mary Washington ElderStudy we learn and share and grow. Our dedicated sponsors provided a Fall 2020 program schedule using ZOOM that was highlighted by two programs with 95+ attendance, five with 50-94 attendance, thirteen with 40-49, eight with 30-39 and three with 20-29. For Fall 2020, the average attendance for 32 ZOOM sessions so far was 46.6, only 7.2 below our all-time high achieved in Fall 2019. Our three Book Group meetings had an average attendance of 19.3 or 2.3 above 2019. Our nine officer and committee meetings had an average attendance of 19.2 members and our three Friday Wine and Cheese socials had an average attendance of 24.6.

Thanks to our hardworking and creative sponsors, we have an amazing Spring 2021 semester lined up. The Spring 2021 program schedule is attached and is available on the ElderStudy website (elderstudy.com) in printable form. **It will be available on the website calendar on 1 January 2021, when you will be able to SignUp for a Session.**

Topics are shown below with the number of programs for each:

- History & Politics: 8
- UMW, Fredericksburg & Virginia: 7
- Literature & the Arts: 7
- NOVA Forums: 5
- Medicine & Healthcare: 4
- Science, Technology, Engineering and Math: 4
- Book Group: 4
- Law, Government & Economics: 3
- **Tours: 3**
- Entertainment: 2
- Sports: 2
- Travel: 1

We are scheduling 3 outdoor tours, subject to COVID restrictions in effect at the time of the tours. **Attendance at each tour is STRICTLY LIMITED; registration is REQUIRED.** Attendees will be notified by email if there are any changes to the tours or in the event of cancellation.

If you wish to contact the Curriculum Committee, please use MWESCurriculum@gmail.com.

If you have any problems logging into a session, please contact MWESZoom@gmail.com.

Our next Curriculum Committee meeting will be Thursday, 21 January 2021 at 1:00 pm. Click on the ZOOM link on the ElderStudy website calendar.

Respectfully submitted,
Joe Alfred
Chair, Curriculum Committee

The Mary Washington ElderStudy Curriculum Committee would like to bring the following sessions to your attention.

We anticipate large attendance at these presentations, so we are asking you, for planning purposes, to please Sign Up for these Sessions on the ElderStudy website calendar.

We currently have a limit of 100 logins to our ZOOM sessions; that can be increased if necessary based on the number of ES website SignUps for the Session.

If you are not yet familiar with ZOOM and need assistance, just send an email to membership@elderstudy.com and we will contact you.

Wednesday, December 2 1:00 - 3:00

2020 Election Analysis MEMBERS ONLY

Stephen Farnsworth, UMW Professor of Political Science and International Affairs, returns to ElderStudy to give us his analysis of the 2020 Presidential Election. Dr. Farnsworth is a sought-after political commentator on subjects ranging from presidential politics to the local Virginia congressional races. He has been widely featured in national media, including The Washington Post, Reuters, The Chicago Tribune and MSNBC. Dr. Farnsworth is author or co-author of six books on presidential communication. His latest work, "Presidential Communication and Character: White House News Management from Clinton and Cable to Twitter and Trump," examines how the last four U.S. presidents sell themselves and their policies in an ever-expanding and sometimes precarious media environment.

Sponsors: Phil Hall & Joe Alfred.

Please SignUp for the Session.

Wednesday, December 9 1:30 - 3:00 NOTE THE TIME CHANGE

Virtual Holiday Social

Get in the holiday spirit!

Join your colleagues for our annual Holiday Social from the comfort of your own home!

This is a great opportunity to wear your favorite holiday sweater, tie, or other festive apparel!

Sponsors: Eugenia Jones, Carolyn Sulima, and Michelle Esbenshade

Please SignUp for the Session.

[ElderStudy Website](https://www.elderstudy.com)



BOOK GROUP



The ElderStudy Book Group will continue to meet through Zoom.
The sessions are held at 1:00 on the 2nd Thursday of each month.

Upcoming Book Group Meetings and Selections:

Dec. 10 - *A Black Woman's History of the US* by Daina Ramey Berry and Kali Nicole Gross (facilitated by Peggy Verdine)

Jan. 14 - *Fascism: A Warning* by Madeleine Albright (facilitated by Joe Alfred)

Feb. 11 - *The Lemon Tree* by Sandy Tolan (facilitated by Linda Hill)

To participate in the Book Group's Zoom sessions please sign up just as you would for any other session, through the calendar at <https://www.elderstudy.com>.

TREASURER'S REPORT

ElderStudy remains in good financial shape as we near the end of the first quarter of the fiscal year 2020-2021. Although income from membership fees is down from last year, we have sufficient funds to offer a full slate of classes the rest of this year and spring of 2021.

The Board-approved budget for this year includes estimated income from member fees and miscellaneous income including donations to be \$18,226.00. An operations report prepared November 10 reveals we had collected nearly 65% of that sum by that date -- \$11,789. In December we begin collecting renewal membership fees for 2019-2020 members who wish to continue their membership through the spring. Those fees are not included in the \$11,789 collected so far. We expect renewal membership fees plus revenue from new members to allow us to meet our target.

Mary Washington ElderStudy receives no financial assistance from sources other than membership fees, except for occasional donations. As a 501(c)3 nonprofit organization, ElderStudy is tax exempt and donations to ElderStudy are deductible on state and federal income tax returns. Donations are always greatly appreciated.

On November 10, our expenses accounted for just over one-fourth of the \$15,127 included in the Board-approved budget. We expect our projected expenses to increase somewhat as the curriculum committee lines up more programs, but the budget allowed for some expansion.

Financially, despite the unexpected impact of the coronavirus, ElderStudy appears to be off to a good start for fiscal year 2020-2021.

Respectfully submitted,
Donald Caswell, Treasurer

You Can Now Donate to Support ElderStudy

A new feature has been added to our website that allows members and nonmembers to make donations in support of ElderStudy. You may make donations either anonymously or not, and in remembrance of, in gratitude for, or in honor of a person or organization. This capability is available on both the members only and the public menus of the ElderStudy.com website. The navigation is Members > Donations.

The IRS has designated Mary Washington ElderStudy as a 501(c)(3) exempt organization. Although fees paid for registration (i.e., in exchange for services received) are not deductible, donations to ElderStudy are deductible in accordance with state and federal tax law. Additionally, the 2020 U.S. tax code allows taxpayers to deduct up to \$300 in donations to eligible organizations, even if they don't itemize their taxes.

ADMINISTRATION COMMITTEE REPORT

The Administration Committee held its Quarterly meeting on November 18th via Zoom. The Committee reviewed ElderStudy's current budget requirements, income and expenditures through mid-November. It is still unclear what our Member Income will be for this year until the spring registration opens for current members in December, but the Committee will continue to monitor financial requirements closely. However, ElderStudy's overall financial health is very good even as we navigate this pandemic.

The Admin Committee reviewed a request from the Curriculum Committee to add an additional \$2500 to their Speaker/Program budget line item. The Curriculum Committee has been exceptionally successful in lining up quality speakers for the spring semester, but needs additional funds to provide speaker fees to meet these commitments. The Admin Committee endorsed this request and will support the Curriculum Committee's motion to increase their budget line item at the December Board meeting.

In accordance with the *Policy & Procedures*, the Administration Committee is required to recommend to the Board every December an amount for the Bachelor of Liberal Studies (BLS) scholarship contribution from ElderStudy. The budget proposal endorsed by the Board last June included an estimate of \$1500 to be donated to the University next summer. However, the Committee agreed to recommend to the Board the lower amount of \$1000 for the BLS, but with a request that this amount be revisited at the Board's March meeting. By then, we will know what our annual income is, and the Admin Committee may wish to revise its recommendation back to \$1500 if funds are available.

Donald Caswell, the new ElderStudy Treasurer, updated the Committee on the annual audit of the ElderStudy financial records. Donald found the 2019-20 records maintained by Bryn Pavek, the previous Treasurer, to be in excellent shape. The Committee reviewed the audit report and endorsed submitting it to the Board. Once the audit report is approved by the Board, Donald can then file the organization's tax forms with the IRS.

Respectfully,

Keith Fennell
Administration Committee Chair

Winter Semester Renewal Process

This process does not apply to retired UMW academic faculty nor to new members who joined ElderStudy since August 2020 and have already paid for the entire academic year ending in June 2021.

Because of the uncertainties of COVID restrictions, renewal for the Fall Semester was at no charge, but there is a \$30 per person charge to renew for the Winter/Spring Semester beginning on January 1, 2021. Since December 1st, those of us renewing (who recall the halcyon days of classroom lectures) are now seeing this popup each time we log in to the ElderStudy.com website:



Until January 1st, you will have the option to renew now or to click the "No, I won't Renew Now" button and continue on to the members only website features, such as course registration. After January 1st you will be required to renew in order to proceed.

Renewal is considerably less complicated than the initial registration in our Membership Management System, except that as part of the process you'll be presented with the option to pay either via credit card or by printing an invoice to accompany your mailed check.

For individual memberships, this is very straight forward. For couples, you were arbitrarily assigned a primary and a secondary membership based on the alphabetic order of your first names. Only the primary member can renew the couple and that member must have an email address to register online. Carolyn and Jack Sulima have been gracious enough to provide a step-by-step pictorial guide to the renewal process at [THIS LINK](#).

Some have noted from the detailed membership roster that our record of when some of you joined ElderStudy is missing. You can update your own contact info including date joined at any time via your profile in the top right corner of the home page. An exception is that if members of a couple would like to swap primary and secondary roles, we'll have to do that for you. For this or if you have any problems with online registration, please let me know.

[Chuck Watkins, 540-809-8351, info@elderstudy.com.]

MEMBERSHIP COMMITTEE REPORT

Just one year ago we were gathering for our ElderStudy Holiday celebration. This year we would still like to invite everyone to **register** for our Holiday Social on Wednesday, December 9, at **1:30 pm**; but this celebration will be on Zoom. (Note time change.) There will be special entertainment, activities and time to socialize. Check out the flyer in this newsletter.

Also in this newsletter you will also find directions for **renewing your membership** at the cost of \$30 for the semester. Unless you are new to ElderStudy this year, your membership will have to be renewed by January 1 in order to continue as an active member.

Top 6 reasons to renew your ElderStudy membership:

6. You can help your organization meet current expenses.
5. You can participate from the convenience of your home.
4. You can turn your video off in a pinch, and stay in your pajamas for the session.
3. You can see and talk with someone other than your pet.
2. You can learn stimulating information from some of the country's best professionals.

And the number 1 reason why you should renew your membership is that social connections contribute to your overall wellbeing and longevity so ElderStudy is good for your health!

You might also consider giving the gift of ElderStudy to a friend! Second semester new membership fees are \$40 for this year.

We would like to thank Mike Deabler for his service as our nametag volunteer and wish him well as he relocates to Delaware in the spring. Mary Louise Holmes will assume his duties in January.

Donna Lewis
Membership Chairperson

WELCOME TO NEW MEMBERS

Several new members have enrolled in Elderstudy for the 2020/2021 year. Some have already started participating and hopefully all will have the opportunity to join us soon on Zoom! (And some day – in person!)

We are looking forward to meeting you and hope you are excited about your new adventure in Elderstudy!

Ernest Ackermann

Rosemary Barra

Clifford S Dalseide SR

Ann F Ellis

Richard Hoffman

Helen Housley

Katherine Lovello

George R Meadows'

Margaret A Mi

Sterling R Quick

Donna Stanton



COME TOGETHER ON ZOOM FOR
THE HOLIDAY SOCIAL

GATHER WITH YOUR ELDERSTUDY FRIENDS FOR
SOCIALIZING, LAUGHS AND ENTERTAINMENT

WEDNESDAY, DECEMBER 9, 2020
1:30 PM

RSVP BY MONDAY, DECEMBER 7, 2020
BY SIGNING UP ON THE ELDERSTUDY WEBSITE

HOPE TO SEE YOU THERE

VIRTUAL HOLIDAY SOCIAL DRINK RECIPES

**Let us toast the coming New Year 2021 and good riddance to 2020!
Here are some holiday beverage recipes you may want to try.**

Raspberry Prosecco Cocktail

Raspberry syrup (see recipe)
Fresh lemon juice
Chilled Prosecco

Raspberry syrup

½ cup sugar
1 tablespoon fresh lemon juice
1 pint raspberries
Place the sugar and 1 cup water in a medium saucepan over medium heat. Bring to a simmer, stirring occasionally, until the sugar is dissolved, 3 to 4 minutes.
Add the lemon juice and raspberries; simmer, stirring occasionally, until the raspberries have broken down, about 10 minutes.
Pour the mixture through a strainer and return to the pot. Simmer over medium heat until the syrup has thickened, about 10 more minutes.
Let cool completely, then pour into an airtight container and store in the refrigerator for up to two weeks.

Place 1 tablespoon of the raspberry syrup and 1 tablespoon of fresh lemon juice into a champagne flute.
Fill the glass with chilled Prosecco.
Garnish with additional raspberries, if desired.

Hot Spiced Cider for One

1 cup apple cider, apple juice, or cranberry juice cocktail (any variation)
2-3 whole cloves
2 whole allspice
½ cinnamon stick
1 teaspoon brown sugar (optional)
Combine the apple cider, spices and sugar in a heat resistant mug that can go into the microwave. Heat, uncovered, in the microwave for 1-2 minutes (depending on the microwave power). Let stand until cool enough to drink.
(If you don't have whole spices, you can use ¼ teaspoon each of ground cloves, allspice, and cinnamon. Wrap in a bit of cheesecloth or a coffee filter and heat in the microwave with the cider. Other spices to consider using: nutmeg, a dash of red pepper-for extra heat, a dash of vanilla.)

For Adults Only:

Add a bit of rum, brandy, Calvados (apple brandy) or bourbon.

For a lighter touch, use white wine, flat or sparkling.

ElderStudy Gift Memberships

ElderStudy members may now purchase gift memberships for new members for the Winter 2021 semester for \$40 each. The navigation for this is as follows:

1. Log into the ElderStudy.com website.
2. On the left menu, mouse over the “Members” button on the left menu and select “Gift Memberships”.
3. Complete the data fields with your information, the recipient’s information, the gift amount (either \$40 for a solo new membership or \$80 for a couple’s new memberships), the date you want the notification to be sent, your message, and select the “Complete Purchase” button at the bottom.
4. You may pay via credit card (VISA or MasterCard) or by printing an invoice to accompany your mailed check.
5. The recipient will receive a coupon code and instructions on how to redeem it for a membership.

Contact info@elderstudy.com for any needed assistance.

REMINDERS

OUTREACH

We ask your help in identifying members who have been infirmed or suffered a loss in their family so we may reach out to them. Contact Susanne Lazanov with this information at suelaz@aol.com.

PROGRAM SCHEDULE

To access the Program Schedule on the website, follow the **Schedule** tab in the **Sessions** section. The schedule can then easily be printed out for your convenience either in calendar format or as a PDF. The Program Schedule for Spring 2021 will be available on the website calendar on 1 January 2021, when you will be able to SignUp for a Session.

UPCOMING EVENTS

December 2 Board of Directors meeting 10 a.m-12 p.m.
December 9 Virtual Winter Luncheon 1:30 p.m.

This Newsletter is prepared by Gail Oakes, with contributions from many members of ElderStudy. If you have any questions, comments, or suggestions for the newsletter, please feel free to let me know. You can email (gail.oakes2@gmail.com), text or call (540-846-9320).



Because of COVID-19 restrictions, all Spring 2021 programs will be online, using ZOOM. For that reason, you are asked to **SignUp** for each session that you plan to attend, using the interactive calendar feature of the ElderStudy website, elderstudy.com. **The Spring 2021 schedule will be posted on the website calendar on January 1, 2021. You must log into the website to access the calendar.** The host of each ZOOM meeting will check the list of registrants before transferring a person from the Waiting Room into the ZOOM meeting. Thank you for your cooperation with this process. We all look forward to the day when we can again gather in person.

OUTSIDE TOURS have been scheduled and will observe the health guidelines and restrictions in effect at the time of the tour.
REGISTRATION FOR TOURS, using the MWES website, IS REQUIRED. ATTENDANCE IS STRICTLY LIMITED.

As of 1 December 2020

Please SignUp for a Session to Attend

Day	Date	Time	Title	Description
Wednesday	6 Jan 2021	9:30 - 11:00	NOVA Forum	The LifeLong Institute of Northern Virginia invites MWES members to participate in its online monthly meeting. We will meet for socializing at 9:30 and enjoy the monthly Forum presentation at 10 a.m. The LLI/NOVA Forum features a speaker who addresses an issue of widespread interest and significance. The speaker may be an author, a federal, state, or local government representative, a local television personality or businessperson, or even an LLI/NOVA member. The speaker covers multiple viewpoints on the subject matter, in order to ensure a balanced program. There is a short question and answer period after the speaker has finished. NOTE UNUSUAL START TIME
Friday	8 Jan 2021	5:00-6:00	Virtual Wine & Cheese Hour	MWES Members gather together for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19. Topic: What are your resolutions for the new year 2021? Host: Carol Wachter
Tuesday	12 Jan 2021	10:00 - 11:00	Making the Most of Your ElderStudy Experience	Join us for an informative session on how to make the most of your membership in ElderStudy. Our goal is to help you understand the general operations and get answers to your questions such as "How do we select our session topics? How can I participate in a tour? What do the committees do? How does the Book Group operate? How can I get more involved?" Note that this is an abbreviated (1 hour) repeat of the Orientation presented in September 2020. Sponsor: Donna Lewis
Tuesday	12 Jan 2021	1:00 - 3:00	My Other Life as a Professional Tennis Umpire	Beverly 'Kris' Jaeger-Helton, professor at Boston's Northeastern University, forensic engineer consultant and expert witness, has another life as a professional tennis umpire. From 12-and-under junior tournaments to Centre Court at Wimbledon, from chairing matches on a stepladder at a local park to the Finals at the Beijing Olympics, Kris has some fascinating stories to tell. Join us to hear about her journey and have a conversation about how she has become a world-class line judge, an internationally badged chair umpire, and a certified review official for professional tennis. Sponsor: Carolyn Sulima.
Wednesday	13 Jan 2021	10:00 - 12:00	Mapping Narratives within Virginia's Presidential Plantation Museums	Stephen Hanna, UMW Professor of Geography, will discuss four of the first five US Presidents resided at and owned large plantations in Virginia; the remnants of these are now major heritage tourism attractions. While Washington's Mount Vernon, Jefferson's Monticello, Madison's Montpelier, and Monroe's Highland have invested considerable resources to provide visitors with tours and exhibits describing the lives of their enslaved people, it is a considerable challenge to balance their stories with the continuing mission to protect the prominent place these four men hold in American history. In 2019 and 2020, Stephen Hanna led a research team of faculty and students from five universities that used the "narrative mapping" method to document 105 house tours, 36 slavery-themed tours, and the content of self-guided exhibits at these four presidential sites. Professor Hanna will examine the results of this research with us, providing insight into how the four museums represent the roles slavery played in the lives of these four "founding fathers," the experiences and perspectives of the people they enslaved, and how these differences affect the ways visitors view slavery within their understanding of the lives of Washington, Jefferson, Madison, and Monroe. Sponsor: Randy Fennemore

Day	Date	Time	Title	Description
Thursday	14 Jan 2021	10:00 - 12:00	Environmental Art and the 1970s Earthworks Movement	During her 2019 sabbatical, Carole Garmon, UMW Professor of Ceramics, traveled to remote areas of Nevada, Utah, New Mexico, and Arizona in search of "Earthworks". In the late 1960s and '70s, many artists fled the traditional art market to pursue works that could not be purchased to benefit a gallery owner or museum. Their quest led many of them to the southwestern area of the US. Prof. Garmon will give a brief introduction to Earthworks and document her trip, the amazing Earthworks she saw, and the many people she met along the way. Sponsor: Mary Ann Stana.
Thursday	14 Jan 2021	1:00 - 3:00	Book Group: Fascism: A Warning by Madeleine Albright	Drawing on her experience as a child in war-torn Europe and her distinguished career as a diplomat, the author questions the assumption that the world (even the USA) would reject the spiritual successors to Hitler and Mussolini should they arise in our era. Discussion led by Joe Alfred. Sponsor: Mary White
Monday	18 Jan 2021		Martin Luther King Jr. Day	
Tuesday	19 Jan 2021	10:00 - 12:00	What Germanna is Doing to Combat Racism: The Critical Role of Community College	Dr. Janet Gullickson, President of Germanna Community College, will address our group to share her vision for Germanna and its importance in the community. She will also share their efforts regarding race and equity transformation at this critical time in our history. To conclude the presentation, Dr. Gullickson will "turn the tables" on us to see what she can learn from our group. She'll provide the questions! What a fabulous opportunity! Sponsor: Donna Lewis
Wednesday	20 Jan 2021	1:00 - 3:00	1:00 Our Violent Planet – Earthquakes, Volcanoes and Tsunamis 2:00 Great Ball of Fire – Solar Science and Space Weather	Jon Malay, author, lecturer and consultant, will discuss two topics. In the first hour , he will discuss the sometimes-violent Earth. Through advances in marine geophysics in the past century, we know there are "rings of fire" that are the boundaries of the Earth's crustal plates, and volcanoes bring forth islands from cracks in those plates. He will discuss with us the powerful forces of volcanism, earthquakes and their deadly ocean manifestations – tsunamis. In the second hour , Jon will discuss the star we live with and often take for granted. The sun becomes truly extraordinary when revealed in the stunning high resolution animation of solar storms, the interactions between the sun and the Earth and how our planet's magnetic field, the Van Allen Belts and an ozone layer protect us from too much of a good thing. Sponsor: Randy Fennemore
Thursday	21 Jan 2021	1:00 - 3:00	Curriculum Committee Meeting I	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred
Tuesday	23 Feb 2021	10:00-12:00	High Impact Learning: Wood Fired Kiln	Jon McMillan, UMW Department Chair of Art and Art History and Associate Professor of Ceramics, will describe the design and construction of a wood fired kiln for ceramics. An example of UMW high impact learning programs, students and community members joined him in working on what will be the only wood fired kiln at an institution of higher education in Virginia. The discussion will include the history and development of wood firing technology, the specialized design considerations and materials used, and the resulting effects on ceramic artwork fired with this process. Sponsor: Mary Ann Stana
Tuesday	26 Jan 2021	10:00 - 12:00	The Traitor and the Spy	Historian Donald Pfanz will present the story of Major John Andre and General Benedict Arnold and their attempt to betray West Point to the British Army. Sponsor: Mike Redding.
Thursday	28 Jan 2021	10:00 - 12:00	Wealth and Democracy	ElderStudy Member Joe Alfred will discuss the economics of Thomas Piketty, professor at the Paris School of Economics. Drawing on more than a hundred researchers in eighty countries by using Professor Piketty's work, Joe will explore the politics and ideology associated with income inequality. Sponsor: Joe Alfred.

Day	Date	Time	Title	Description
Wednesday	3 Feb 2021	9:30 - 11:00	NOVA Forum	The LifeLong Institute of Northern Virginia invites MWES members to participate in its online monthly meeting. We will meet for socializing at 9:30 and enjoy the monthly Forum presentation at 10 a.m. The LLI/NOVA Forum features a speaker who addresses an issue of widespread interest and significance. The speaker may be an author, a federal, state, or local government representative, a local television personality or businessperson, or even an LLI/NOVA member. The speaker covers multiple viewpoints on the subject matter, in order to ensure a balanced program. There is a short question and answer period after the speaker has finished. NOTE UNUSUAL START TIME
Thursday	4 Feb 2021	10:00 - 12:00	Choosing and Balancing a Theatre Season in an Academic Setting	Gregg Stull, Chair and Professor of the Department of Theatre and Dance, will explain how theatres put together season after season and the effect production choices have on artists, audiences, and the sustainability of regional theatres. But how is this process complicated by the mission of providing students comprehensive preparation for a variety of theatre-related roles in the future? This talk will discuss the additional considerations involved in nurturing future talent. Sponsor: Carolyn Eldred.
Thursday	4 Feb 2021	1:00 - 3:00	We're Ready to Move Forward	Dan Chiodo, a certified life coach, will show us after months of dealing with the pandemic, how it is time to move forward. We will search for not just a new normal to life, but a better normal. Dan Chiodo, welcomes you into one of his life coaching sessions. All you have to do is grab a pen, some paper, and your favorite beverage as we give you some techniques to help you perform at your very highest level. Sponsor: Carolyn Sulima
Tuesday	9 Feb 2021	10:00 - 12:00	48 Hours - A Conversation with an Award-Winning Television Producer	Ira Sutow, the producer of the Emmy Award-winning television show <i>48 Hours</i> will show us what it is like to be a primetime television producer.. The show was launched in 1987 and has been seen by millions of people in 80 countries. 48 Hours went on to become the second longest running primetime tv program that is still on the air today. Ira will explain what a television producer does and tell many stories about his career. Sponsor: Carolyn Sulima
Wednesday	10 Feb 2021	10:00 - 12:00	Fabricated Backgrounds: A Brief Overview of the Painted Backdrop in Film and Stage	Bridgette Dennett, assistant professor of UMW Theatre and Dance, will guide us through a virtual tour of the painted backdrops used to create realistic scenery for film and theatrical productions. We'll look at how they're created, the different effects that can be achieved, and ways that technology is innovating the field. Sponsors: Bob & Carole Hanus
Thursday	11 Feb 2021	1:00 - 3:00	Book Group: <i>The Lemon Tree: An Arab, a Jew and the Heart of the Middle East</i> by Sandy Tolan	In 1967, Bashir Al-Khayri, a twenty-five-year old Palestinian, journeyed to Israel, with the goal of seeing the beloved old stone house, with the lemon tree behind it, that he and his family had fled nineteen years earlier. To his surprise, when he found the house he was greeted by Dalia Ashkenazi Landau, a nineteen-year-old Israeli college student, whose family fled Europe for Israel following the Holocaust. On the stoop of their shared home, Dalia and Bashir began a rare friendship, forged in the aftermath of war and tested over the next thirty-five years in ways that neither could imagine on that summer day in 1967. Based on extensive research, and springing from his enormously resonant documentary that aired on NPR's Fresh Air in 1998, Sandy Tolan brings the Israeli-Palestinian conflict down to its most human level, suggesting that even amid the bleakest political realities there is hope. Discussion led by Linda Hill. Sponsor: Mary White
Friday	12 Feb 2021	5:00-6:00	Virtual Wine & Cheese Hour	MWES Members gather together for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19.
Monday	15 Feb 2021		President's Day	
Tuesday	16 Feb 2021	10:00 - 12:00	The George Washington Bicentennial: An Era of Commemoration Program	David Lassman, park ranger at Thomas Stone National Historic Site, will discuss how George Washington's 200th Birthday in 1932 was a world-wide celebration in every state in the Union and 81 countries around the globe. Learn how the First President was commemorated in pageants, parades, and in millions of souvenirs. Sponsor: Charlie Fennemore

Day	Date	Time	Title	Description
Wednesday	17 Feb 2021	10:00 - 12:00	The Conversation Project	Terri McAuliff, Community Liaison of the Mary Washington Hospice, Palliative, and Grief Support Services, will discuss Advance Care Planning (ACP), the process of making decisions about the healthcare a person would want to receive if they are facing a medical crisis and preparing for the unexpected while they are well and able to make difficult decisions themselves. The Conversation Project is a national movement to encourage people to have advance care planning conversations. The Conversation Project is a monumental opportunity to help shift our Community's perspective - to think, discuss, and document how we want to live until the end of lives. Sponsor: Carol Wachter
Thursday	18 Feb 2021	10:00 - 12:00	Cybersecurity: Now ... and Preparing Students for the Future	Andrew Marshall, UMW Associate Professor of Computer Science, will speak about cybersecurity today & about the exciting work he is doing with students to take on the challenges of the future. A panel of students will provide their perspectives on the program & next steps. Sponsor: Carolyn Eldred
Thursday	18 Feb 2021	1:00 - 3:00	Curriculum Committee Meeting II	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred
Wednesday	24 Feb 2021	10:00 - 12:00	Membership Committee Meeting I	The Membership Committee is responsible for outreach to our members. We conduct marketing efforts, maintain the website, oversee the member management system (including the roster), provide newsletters and other timely communications, offer Zoom training, coordinate the Book Group and plan social events. Members are always welcome to attend our meetings. Sponsor: Donna Lewis
Wednesday	24 Feb 2021	1:00 - 3:00	Administration Committee Meeting I	The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. Sponsor: Keith Fennell
Thursday	25 Feb 2021	10:00 - 12:00	The Story of Historical Floorcloths and a Virtual Demonstration	What is old is new again! Interested in history and early American crafts? Grace Rochford, registered artist with the Maryland State Arts Council, will discuss the history of floorcloths and present a virtual demonstration of the craft from her studio in Maryland. Sponsor: Michelle Esbenshade
Thursday	25 Feb 2021	1:00 - 3:00	Why Eyes are the Window to the Soul	Optometrist Dr. Angela Tsai Robson will be covering a wide range of topics from common ocular diseases, such as glaucoma, diabetic retinopathy, and macular degeneration, to visual therapy. She will discuss new advancements in technology to aid in early detection and better evaluation of diseases including macular degeneration, night vision issues, and dry eyes. Sponsor: Mike Redding
Tuesday	2 Mar 2020	10:00 - 12:00	18th Century Colonial Virginia Eats	Deborah Lawton, Acting Chief of Cultural Resource Management at the George Washington Birthplace National Monument, will discuss what the colonists ate, how they ate and sometimes why they ate it and thus give insight into 18th Century life in Tidewater Virginia. Sponsor: Charlie Fennemore
Wednesday	3 Mar 2021	10:00 - 12:00	Board of Directors Meeting	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. Sponsor: President Michelle Esbenshade
Thursday	4 Mar 2021	10:00 - 12:00	Drinking with the Washingtons - Archaeological Evidence for Colonial Imbibing at Ferry Farm	Mara Kaktins, glass and ceramic expert for The George Washington Foundation, will be talking about the various drinking vessels excavated at Ferry Farm which help us understand what beverages were being consumed by the Washington family and all colonials in the 18th century. From punches to fine teas, what you drank was of incredible importance to gentry families of the colonial era and proper drink equipment was a must. This talk will also more broadly explore exactly who was drinking what during the colonial period and how consumption of certain beverages was a fixture of eighteenth-century life from cradle to grave. Sponsor: Randy Fennemore
Tuesday	9 Mar 2021	10:00 - 12:00	Widewater - The Hub of the Universe	ElderStudy member Beth Daly will provide a timeline presentation about the history of Widewater from prehistoric times to present. Besides all the events and people, she will give a brief description of Virginia's newest state park - Widewater State Park in northeastern Stafford County, about 40 miles south of Washington, DC and 20 miles northeast of Fredericksburg. Sponsor: Randy Fennemore.

Day	Date	Time	Title	Description
Wednesday	10 Mar 2021	1:00 - 3:00	Pandemic Particulars	Joe Saitta, COVID-19 Incident Commander with the Rappahannock Area Virginia Department of Health District, will discuss how the Health District is working with community partners and the public to manage the COVID-19 pandemic, what 'tools' they are using, and the current status of a safe and effective vaccine. Sponsor: Carolyn Sulima
Thursday	11 Mar 2021	1:00 - 3:00	Book Group: One Day: The Extraordinary Story of an Ordinary 24 Hours in America by Gene Weingarten	On New Years Day 2013, two-time Pulitzer Prize winner Gene Weingarten asked three strangers to literally pick a day, month and year from a hat. That randomly selected day turned out to be Sunday, December 28, 1986, just a supposedly most ordinary day. Weingarten then spent the next six years proving there is no such thing. Discussion led by Mary White. Sponsor: Mary White
Friday	12 Mar 2021	5:00-6:00	Virtual Wine & Cheese Hour	MWES Members gather together for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19.
Tuesday	16 Mar 2021	10:00-12:00	Those Those Little Green Stamps - How America Got Stuck on Trading Stamps	ElderStudy member Dennis Van Derlaske will discuss the 1950's and 1960's, the heyday of trading stamps, given out by supermarkets, gas stations and other retailers. This type of promotion had its start much earlier in our history. We will look at how stamps originated and how they were eventually adopted in retailing from historical, sociological, and economic perspectives. Sponsor: Dennis Van Derlaske.
Wednesday	17 Mar 2021	10:00 - 11:00	Baseball in the Burg	Join Ticket Sales Account Executive Jimmy Burns as he details the arrival of the Fredericksburg Nationals right here in Fredericksburg. There will be an analysis of the former team, the Potomac Nationals, as it was in Woodbridge and an examination of the team today in Fredericksburg. The presentation will include: a detailed timeline of how the team decided to move to town and insight into what it takes to build a baseball team from scratch in a new market. This presentation will also include an in-depth look into the new ballpark. Sponsor: Donna Lewis
Wednesday	17 Mar 2021	11:00 - 12:00	General Membership Meeting	This is the open forum designed to communicate directly with your fellow members, to better learn how ElderStudy works, to better understand the issues that are facing the organization, and to vote on those critical issues facing us. In addition, new members can meet and develop friendships with like-minded persons, and long-term members can renew old friendships. Sponsor: President Michelle Esbenshade
Thursday	18 Mar 2021	10:00 - 12:00	When in the Course of Women's Events: History of the Role of Women in Our Area	Historian and Tourmaster Scott Walker will share how Fredericksburg and the surrounding counties have been enriched by actions of women living here. The cast includes Mary Minor Blackford, the enslaved Ellen Mitchell, Clarissa Cosby and such groups as the Ladies Memorial Association and Hospital Auxiliary. Though begun as a research topic in 2019, the topic continues to evolve and to expand. Sponsor: Mary Ann Stana
Thursday	18 Mar 2021	1:00 - 3:00	Curriculum Committee Meeting III	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. Sponsor: Joe Alfred
Tuesday	23 Mar 2021	1:00 - 3:00	TOUR - RSVP Where Valor Proudly Sleeps: A Tour of the Fredericksburg National Cemetery	TOUR - RSVP (Please use the ElderStudy website) Established in 1865, Fredericksburg National Cemetery is the final resting place for more than 15,000 Union soldiers who died in the major Civil War battles that occurred between Washington, D.C. and Richmond, Virginia. Historian Donald Pfanz will guide us through a gentle walking tour of the history of this Fredericksburg landmark. Tour is limited to 24 attendees. Members only. No pets are allowed in the cemetery. Social distancing will be maintained and everyone is required to wear a face covering. Meet at the entrance of the Cemetery on Lafayette Blvd and Sunken Road. Parking is available at the Fredericksburg Battlefield Visitor Center. Sponsor: Mike Redding Attendance is strictly limited to registrants only.

Day	Date	Time	Title	Description
Wednesday	24 Mar 2021	10:00 - 12:00	US - Iraqi Relations Since 1958	In this lecture, Nabil Al-Tikriti, UMW Associate Professor of History, will discuss US-Iraq relations since the Iraqi revolution of 1958, describing along the way the rise of the Ba'ath party, the role of US foreign policy in Iraqi politics, the Iran-Iraq war, the two Gulf Wars and Iraqi perspectives on the US foreign policy following such interactions. This lecture parallels a lecture that Professor Al-Tikriti has regularly offered at the Foreign Service Institute. Sponsor: Joe Alfred.
Thursday	25 Mar 2021	10:00 - 12:00	Student Perspectives on High Impact Educational Practices	During the Fall Semester we heard from Dr. Keith E Mellinger, Dean of the UMW College of Arts & Sciences, who spoke about Mary Washington's leadership in providing high impact educational experiences, such as internships, guided research, & study away or abroad. This semester Dean Mellinger will be back with a panel of students discussing their own high impact experiences & how they have contributed to their personal scholarly growth. Sponsor: Carolyn Eldred
Saturday	27 Mar 2021		Passover	
Tuesday	30 Mar 2021	1:00 - 3:00	Jazz Piano: A Brief History (Part One)	Allen Morrison is a music journalist, jazz critic, lecturer on jazz history and pianist. As a regular contributor to the jazz magazines <i>DownBeat</i> and <i>Jazz Times</i> , he has interviewed and profiled many of today's leading figures in jazz and pop, including Wynton Marsalis, Herbie Hancock, Kurt Elling, Jon Batiste, Bobby McFerrin, Chick Corea, and many others. This is the first of a two-part history of jazz piano which covers the years 1910-1945, "From Jelly Roll to Nat King Cole." The piano was present at the birth of jazz; thus the story of jazz piano mirrors the development of jazz music itself. The presentation covers the pioneering players and styles, illustrating them with vintage film clips and rare audio recordings. Artists covered include Jelly Roll Morton, James P. Johnson, Fats Waller, Duke Ellington, Art Tatum, Teddy Wilson, and Nat King Cole. Sponsor: Keith Morgenheim
Wednesday	31 Mar 2021	10:00 - 12:00	Key Art: Unlocking Arts Marketing	Jon Reynolds, Director of Marketing & Audience Services, UMW Theatre & Dance, will instruct us on how artwork is developed to advertise theatre performances. Get a deeper understanding of the process of creating a brand for each production that carries through traditional and digital marketing. Sponsors: Bob & Carole Hanus
Sunday	4 Apr 2021		Easter	
Tuesday	6 Apr 2021	10:00 - 12:00	Lincoln and the President's War Powers	ElderStudy Member Joe Alfred will discuss how Abraham Lincoln came to view his constitutional authority to wage war even while holding that the Southern States were in rebellion and no war existed. Joe will discuss the arguments of Chief Justice Roger B. Taney, how he opposed Lincoln's views and how they finally agreed in the Prize Cases. Sponsor: Joe Alfred.
Wednesday	7 Apr 2021	9:30 - 11:00	NOVA Forum	The LifeLong Institute of Northern Virginia invites MWES members to participate in its online monthly meeting. We will meet for socializing at 9:30 and enjoy the monthly Forum presentation at 10 a.m. The LLI/NOVA Forum features a speaker who addresses an issue of widespread interest and significance. The speaker may be an author, a federal, state, or local government representative, a local television personality or businessperson, or even an LLI/NOVA member. The speaker covers multiple viewpoints on the subject matter, in order to ensure a balanced program. There is a short question and answer period after the speaker has finished. NOTE UNUSUAL START TIME
Thursday	8 Apr 2021	1:00 - 3:00	Book Group: <i>There, There</i> by Tommy Orange	An insightful examination of modern Native American culture. Often very funny, often very moving, sometimes tragic, and ultimately hopeful. Interrelated tales about an eclectic mix of a dozen or so diverse American Indians from all over who are headed to a "Pow Wow" at the Oakland, California Coliseum. (Contains strong language!) Discussion led by Connie Smith. Sponsor: Mary White
Friday	9 Apr 2021	5:00-6:00	Virtual Wine & Cheese Hour	MWES Members gather for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19.

Day	Date	Time	Title	Description
Wednesday	14 Apr 2021	10:00 - 12:00	Membership Committee Meeting II	The Membership Committee is responsible for outreach to our members. We conduct marketing efforts, maintain the website, oversee the member management system (including the roster), provide newsletters and other timely communications, offer Zoom training, coordinate the Book Group and plan social events. Members are always welcome to attend our meetings. Sponsor: Donna Lewis
Thursday	15 Apr 2021	10:00 - 12:00	Surviving the Holocaust	Pearl Znilek Rakin will share the story of her parents who were from Kzaiaz-Welki in Poland. Teenage sweethearts before World War II broke out, they were taken from their families by the Nazis and placed in slave camps and then concentration camps. By sharing their personal stories of survival, Pearl is hoping to bring us to a better understanding of the Holocaust, during which six million Jews were killed, including most of her family. Sponsor: Donna Lewis.
Tuesday	20 Apr 2021	10:00 - 12:00	Hal Prince - Legend and Legacy	Gregg Stull, Chair and Professor of the UMW Department of Theatre and Dance, will lead this tribute to Hal Prince. No other person has made an impact on the American Theatre like Hal Prince--producer, director and trailblazer. With an extraordinary eye for detail, an uncompromising work ethic and tenacious quest for excellence, Prince transformed Broadway over a lifetime devoted to an art he adored. Sponsor: Carolyn Eldred.
Thursday	22 Apr 2021	10:00 - 12:00	Examining an Enigma: Elizabeth Kortright Monroe	Heidi Stello will discuss the First Ladies have long been a source of fascination to the American public, and Elizabeth Kortright Monroe is no exception. She is one of the most enigmatic presidential partners, in that her entire biography is rooted in her 6 surviving documents and supplemented by only passing references in the correspondence of others. The documents that do survive portray a woman of fortitude, independence, and intelligence, whose life experiences took her from the New York City elite to the forefront of Virginia politics, the courts of Europe and on to the burgeoning capitol of the early Republic. Her influence on the revitalization of the White House protocol had lasting effects at both domestic and international levels for decades – a stark contrast to the woman historically portrayed as fragile, frightened, and intimidated by the world around her. As an editor with the Papers of James Monroe, Heidi Stello examines the evidence to draw out a mosaic portrait of this remarkable First Lady. Sponsor: Michelle Esbenshade
Thursday	22 Apr 2021	1:00 - 3:00	World War II Endgame - European Theatre	Porter Blakemore, UMW Professor of History and American Studies, will discuss the events leading to the end of WWII, from Normandy to Potsdam: Overlord, Operation "Valkyrie", the Battle of the Bulge, Yalta and the coming of the Cold War. Sponsor: Phil Hall
Tuesday	27 Apr 2021	1:00-3:00	The Central Rappahannock Heritage Center Presents: A Journey Through the Archives	The Central Rappahannock Heritage Center is an all-volunteer non-profit archive whose mission is to preserve historically valuable material of the region and make it available to the public for research. Women and men of national prominence are relatively well known. We preserve the photographs, documents, and other records of the bedrock population upon which they stood. Sponsor: Carol Walker
Thursday	29 Apr 2021	10:00 - 12:00	A Brief History of Experimental Film in the 20th Century	Jason Robinson, UMW associate professor of digital art, will discuss the major stylistic shifts and most prominent practitioners of the first 100 years of avant garde cinema. Sponsor: Mary Ann Stana
Wednesday	5 May 2021	9:30 - 11:00	NOVA Forum	The LifeLong Institute of Northern Virginia invites MWES members to participate in its online monthly meeting. We will meet for socializing at 9:30 and enjoy the monthly Forum presentation at 10 a.m. The LLI/NOVA Forum features a speaker who addresses an issue of widespread interest and significance. The speaker may be an author, a federal, state, or local government representative, a local television personality or businessperson, or even an LLI/NOVA member. The speaker covers multiple viewpoints on the subject matter, in order to ensure a balanced program. There is a short question and answer period after the speaker has finished. NOTE UNUSUAL START TIME
Thursday	6 May 2021	10:00 - 12:00	Road Scholar Virtual Tour	Join your fellow ElderStudy members for a Virtual Lecture from the Road Scholar library. These hour-long lectures by Road Scholar's expert instructors are available on the RoadScholar.org website. We will use ZOOM to view the lecture as a group and then participate in a brief discussion led by one of our own members. Lecture recordings change frequently, so the specific virtual lecture will be posted on the ElderStudy calendar shortly before the session.

Day	Date	Time	Title	Description
Wednesday	12 May 2021	10:00 - 12:00	Oscar Wilde's Fairy Tales Through the Lens of Disability Studies	Chris Foss, UMW professor of English, Linguistics and Communication with secondary expertise in disability studies, will focus on several of Wilde's works for a fresh consideration of our contemporary responses to disability and other related forms of difference. Sponsor: Mary Ann Stana
Thursday	13 May 2021	1:00 - 3:00	Book Group: <i>This Tender Land</i> by William Kent Krueger	A magnificent novel about four orphans escaping a pitiless Minnesota boarding school in a canoe down the Mississippi on a life-changing odyssey during the Great Depression. Discussion led by Donna Lewis. Sponsor: Mary White
Friday	14 May 2021	5:00-6:00	Virtual Wine & Cheese Hour	MWES Members gather for a Virtual Wine & Cheese Hour using ZOOM to discuss life in the time of COVID19.
Tuesday	18 May 2021	10:00 - 12:00	Today's Supreme Court - What it is and What it is Not	Major General William K. Suter will discuss his tenure as clerk of the Supreme Court. The presentation will briefly describe case selection and decision-making procedures. Major General Suter will emphasize the ideology of the justices and review recent decisions in the areas of freedom of speech and religion, criminal law, separation of powers and federalism. Selected cases set for argument during the Court's current term will be analyzed. Sponsors: Randy Fennemore and Barbara Barrett.
Tuesday	18 May 2021	1:00 - 3:00	Current Events in Turkey and Istanbul	Dr. Aydar recently emigrated to the US and currently is a sociology professor at VCU. He will discuss recent changes in Turkey, including discussion on the rise of political authoritarianism and socio-cultural conservatism. Sponsors: Rose Reif and Joe Alfred
Wednesday	19 May 2020	10:00 - 12:00	Travel to India	ElderStudy members Jack Allison and Mary Ann Stana invite us to join them for a pictorial tour of India's Golden Triangle: Old and New Delhi, Jaipur, Ranthambore Game Preserve, Agra and, of course, a visit to the Sacred Ganges at Varanasi. Namaste! Sponsor: Jack Allison.
Thursday	20 May 2021	10:00 - 12:00	The Shape of Virginia	Historian Robert Dunkerly looks at Virginia's boundaries and explores how they were determined, measured, and altered. We will look at boundary controversies with nearby states. Sponsor: Carolyn Sulima
Tuesday	25 May 2021	11:00- 1:30	Spring Potluck Social (If Covid-19 restrictions exist, this event will become a Virtual Potluck Social and will be held online using Zoom.)	ElderStudy will hold its annual Potluck Social at the Spotswood Baptist Church, 4009 Lafayette Blvd, Fredericksburg. Please bring a dish to share; if your last name begins with A-H fruit or salad I-P dessert Q-Z meat or vegetable casserole. Please register by May 17 at elderstudy.com under Sessions > Calendar. If you do not have access to the internet, please call Linda Heflin at 540-788-9645 by May 17 to RSVP. If Covid-19 restrictions exist, this event will be held online using Zoom.
Wednesday	26 May 2021	1:00 - 3:00	Administration Committee Meeting II	The Administration Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. Sponsor: Keith Fennell
Monday	31 May 2021		Memorial Day	

Day	Date	Time	Title	Description
Tuesday	1 Jun 2021	10:00 - 11:30	TOUR - RSVP Walking the Architectural Delights of Lower Caroline Street	<p>TOUR - RSVP (Please use the ElderStudy website)</p> <p>Amble through one of Fredericksburg's most historic neighborhoods with Scott Walker, director of Hallowed Grounds Tours, pointing out architectural, historic and social points of interest. This is Fredericksburg's "first suburb," but can also be called "the other side of the tracks."</p> <p>Tour is limited to 15 members in each session. Members only. Social distancing will be maintained and everyone is required to wear a face covering.</p> <p>(First tour at 10, repeats at 1:30)</p> <p>Meet near the corner of Caroline and Frederick Streets, on the "other side of the tracks" near the train station.</p> <p>Sponsor: Mary Ann Stana</p> <p>Attendance is strictly limited to registrants only.</p>
Tuesday	1 Jun 2021	1:30 - 3:00	TOUR - RSVP Walking the Architectural Delights of Lower Caroline Street	<p>TOUR - RSVP (Please use the ElderStudy website)</p> <p>Amble through one of Fredericksburg's most historic neighborhoods with Scott Walker, director of Hallowed Grounds Tours, pointing out architectural, historic and social points of interest. This is Fredericksburg's "first suburb," but can also be called "the other side of the tracks."</p> <p>Tour is limited to 15 members in each session. Members only. Social distancing will be maintained and everyone is required to wear a face covering.</p> <p>Meet near the corner of Caroline and Frederick Streets, on the "other side of the tracks" near the train station.</p> <p>Sponsor: Mary Ann Stana</p> <p>Attendance is strictly limited to registrants only.</p>
Wednesday	2 Jun 2021	10:00 - 12:00	Board of Directors Meeting	<p>Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons.</p> <p>Sponsor: President Michelle Esbenshade</p>

Because of COVID-19 restrictions, all Spring 2021 programs will be online, using ZOOM. For that reason, **you are asked to sign up for each session that you plan to attend**, using the interactive Calendar feature of the ElderStudy website, elderstudy.com. The Spring 2021 schedule will be posted on the calendar on 1 January 2021. **If you have not already done so, please register as a MWES member and log into the website to access the calendar.** The host of each ZOOM meeting will check the list of registrants before transferring a person from the Waiting Room into the ZOOM meeting. Thank you for your cooperation with this process. We all look forward to the day when we can again gather together in person.

1. Log into the MWES website. If you are on your personal computer/device, select "Remember me on this computer" so you do not need to log in each time you want to SignUp for a Session.
2. From the tabs on the left of the homepage, select **Calendar Sign-Up > Session Sign-Up**
3. Choose the meeting you wish to attend. If you are on a computer, you can hover your mouse arrow over the Title and see a description of the meeting.
4. Click on the title; a **Calendar - Event View** page will open with additional information. On the right, there is a **Session SignUp** button. Select it.
5. The next page is **Event Registration - Who's Attending**. **SignUp** yourself (or another member) to attend the session. You can only sign up one person at a time. Select the **Next** button.
6. The next page is **Event Registration - Summary**. You must select the **Complete Registration** button in order to process your signup for a session. Note the Message: Your registration has been saved. You will also receive a **Confirmation email**.
7. You may also use the **Add to my Calendar** button on the right of the screen to add the session to your personal online calendar.
8. You will receive a **Confirmation Email** shortly after you signup. **PLEASE NOTE: you will receive a Confirmation Email for EACH session you signup for.** These multiple emails can be deleted; they are for information only.
9. A **Reminder Email** will be automatically sent to you on the day of the session. This **Reminder Email** will have a link back to the MWES website. From the website, once you log in, you can access the calendar entry for the session. Select it and the **ZOOM LINK** button will be visible; the ZOOM Waiting Room will open 15 minutes before the session begins.
10. **If you register on the day of a session** and do not receive the Reminder Email, go to the MWES website, (log in), and access the **ZOOM LINK** through the Calendar 15 minutes before the start of the session.

Guests:

If you wish to invite a guest to a MWES session, **please send their name, email address, and phone number to MWESZoom@gmail.com**. This information will only be used to identify them before transferring them from the ZOOM waiting room into the session. We will send them the ZOOM link in a separate email on the day of the session.

One of the favorite features of our Mary Washington ElderStudy group is taking tours to new places or with guides who provide insights into familiar locations. Because of COVID restrictions, no tours were available during the Spring and Fall 2020 semesters. In a spirit of optimism, we are adding a few outdoor tours to the Spring 2021 schedule, dependent, of course, on health department regulations.

We will make every effort to keep you informed about the status of tours in a changing health environment. Please check your email regularly for notices from ElderStudy.

Now that our website, elderstudy.com, has an interactive calendar, you are able to register for a tour and use the waitlist feature when the tour capacity is met. If a space becomes available, you will be notified by email and have the option to complete your registration at that time.

Because of social distancing and group size restrictions, REGISTRATION will be REQUIRED and ATTENDANCE LIMITS will be strictly observed. Tours are for MEMBERS ONLY.

This is the Signup procedure for TOURs using the ElderStudy website and calendar.

1. On the MWES website **Calendar - Event View** page, you can see
 - Contact information, usually by email
 - Capacity and Available Slots
 - The **Session SignUp** button to continue with your registration
2. The next page is **Event Registration - Who's Attending**.
SignUp yourself (or another member) to attend the tour. You can only sign up one person at a time. Select the **Next** button.
3. The next page is **Event Registration - Summary**.
You must select the **Complete Registration** button in order to process your signup for the tour. Note the Message: Your registration has been saved. You will also receive a **Confirmation email**.
4. Once your registration is confirmed, a **Cancel Registration** button becomes available.
If you find that you are unable to attend the tour, please use the **Cancel Registration** button to make the slot available for another member or send an email to the Contact.
5. **When the Capacity of the tour is reached, the Session SignUp button will be replaced by an Add me to Waitlist button.**
You will receive an **Added to Waitlist Confirmation** email that confirms your name is on the Waitlist.
6. If a member cancels their registration and an opening for the tour becomes available, the Sponsor will send you a **Slot Available Notification** email.
You will have 24 hours to reply to the email before the links in the email expire.
When you receive this email, you can either
 - Register for the tour (you will receive a **Registration Confirmation** email) OR
 - If your plans have changed, you can remove yourself from the Waitlist (you will receive a **Waitlist Cancellation** email).
7. On the day of the tour, as a registrant, you will receive a **Reminder** email with a link back to the MWES website, where you will be able to easily access
 - A link to the tour website, if available
 - A link to Google maps, if available
 - Contact information, usually by email.

We hope that you will find this process easy to use and thank you for your cooperation.