

Mary Washington ElderStudy

Fall Schedule: August – December 2019

(as of 7 November 2019)

REVIEW ENTIRE PRORAM SCHEDULE FOR TOUR SIGNUPS

On the web, changes are marked in red.

August

Thursday August 15 1pm–3pm CLL	Curriculum Committee Meeting I	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. (Sponsored by Joe Alfred)
Tuesday August 20 10am–noon CLL	Microplastics in our Local Environment <i>Andrew Dolby</i> RESCHEDULED to 22 Oct 2019	Dr. Andrew Dolby, UMW professor of biology, will discuss his new research project on microplastics in our local environment, with emphasis on the effects of microplastics consumption by local waterfowl. (Sponsored by Phil Hall)
Tuesday August 27 10am–noon CLL	Review of Recent Supreme Court Cases Steve Bacon	Mr. Bacon, who practiced law for 38 years and who helped prepare a case that was heard by the United States Supreme Court in 1984, will discuss the history of the Supreme Court as an institution, as well as the philosophical and political leanings of some of its most influential Justices, past and present. (Sponsored by Carolyn Sulima)
Wednesday August 28 10am–noon CLL	Membership Committee Meeting I	The Membership Committee is responsible for publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. (Sponsored by Donna Lewis)
Wednesday August 28 1pm–3pm CLL	Administrative Committee Meeting I	The Administrative Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. (Sponsored by Keith Fennell)

September

Tuesday September 3 10am–noon CLL	The 5th Generation is Coming Joe Alfred	ElderStudy member Joe Alfred will present an update to his previous Smartphone Wars programs providing a look into the winners and losers in the world of fifth generation wireless. The latest on the new technology adopted in the standards process slated to be completed in late fall 2019 will also be presented. (Sponsored by Joe Alfred)
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Wednesday September 4 10am–noon CLL	Board of Directors Meeting	Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures that ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Sponsored by President Chuck Block)
Wednesday September 4 1pm–3pm CLL	A History of Williamsburg — City and Institution Kelly Arehart	“The restoration will be inspirational” - Kelly Brennan Arehart, PhD, historian at the Colonial Williamsburg Foundation, will share the history of Virginia’s 18th-century capital and its transformation into the biggest living history museum in the world. The area now known as Williamsburg had little to recommend it when the government moved the capital there in 1699. Sparsely populated and prone to Indian attacks, there was no indication in those early years that it would become the political training ground for George Washington, Thomas Jefferson, and James Madison. When the capital moved to Richmond in 1780, the glamor and prestige went with it; turning Williamsburg into a sleepy southern town. The shades of Williamsburg’s great past went undetectable and unnoticed until the Reverend of the Bruton Parish Church convinced John D. Rockefeller Jr. that the glory of the past could be recaptured by restoring the town to its 18th-century roots. Intrigued, Rockefeller joined the Reverend for a stroll down the Duke of Gloucester Street. The rest is history. (Sponsored by Mike Redding)
Thursday September 5 10am–noon 1201 Washington Avenue TOUR RSVP	TOUR - Walking the Architectural Delights of Washington Avenue Scott Walker	Walk along one of Fredericksburg’s most treasured streets with our favorite tour guide, Scott Walker of Hallowed Ground Tours. Discover stories of the history and architecture of that nationally and state-recognized historic district. RSVP REQUIRED to Mary Ann Stana, mastana10@hotmail (preferred) or 604–5634. Limited to 35 members. Meet at the stone monument in the median in front of Kenmore 1201 Washington Avenue. (Sponsored by Mary Ann Stana)
Tuesday September 10 10am–11am CLL	Creatures of the Sea - Marine Biology Jon Malay	While the great whales represent the largest and perhaps most familiar of the oceans’ inhabitants, there are countless other creatures, great and small, that lurk in the sea and in the skies overhead. In this talk, Jon Malay will discuss some of the most interesting of them, including the complex relationships between the forces of nature and their survival. (Sponsored by Randy Fennemore)
Tuesday September 10 11am–noon CLL	Exploring the Blackness – The History of Deep Submergence Jon Malay	In 2012, the famous Canadian film-maker James Cameron piloted the Deepsea Challenger to the bottom of the Challenger Deep, the deepest-known place on earth. Cameron was following the intrepid explorers who took famous submersibles such as Trieste and Alvin into seas so deep no light can penetrate. In this lecture, Jon Malay will review the highlights of these voyages and show some of the physical bottom features and strange creatures they found. (Sponsored by Randy Fennemore)

Tuesday
September 10
1pm-3pm
Chatham Manor
TOUR RSVP

TOUR - Chatham in the 20th Century
Hilary Grabowska

Hilary Grabowska, a historian with the Fredericksburg and Spotsylvania National Military Park, will lead us on a tour of Chatham Manor. Chatham has been looking down on Fredericksburg from Stafford Heights since 1771. Most visitors to Chatham focus on its early history through the Civil War. However, the house remained a private home until John Lee Pratt bequeathed the estate to the National Park Service upon his death in 1975. This tour will focus on the personalities and events of the 20th Century, which, to a great degree, defined the house and grounds we see today. Much of the tour will be outside, walking over some uneven ground and standing for most of the tour. **The tour is limited to 100 members and guests. RSVP Mike Redding by email (preferred) at mgredding@verizon.net or by phone at 540-899-3688.** (Sponsored by Mike Redding)

Thursday
September 12
10am-noon
CLL

Immigration and Exclusion: The Chinese American Experience
Krystyn Moon

Dr. Kristyn Moon, UMW associate professor and program director of American Studies, will discuss the passage of the Chinese Exclusion Act in 1882 that set the precedent in American immigration policy to bar certain populations deemed inferior from entering the country. Dr. Moon will explore how this law originated with the anti-Chinese movement in California and led to race-based immigration laws by the latter 19th century. Many immigrants did not accept these laws and often turned to the courts to fight what they saw as racist policies that flew in the face of the 14th and 15th Amendments. Nevertheless, the Chinese Exclusion Act was the precursor of exclusionary policies, the implications of which we still grapple with today. (Sponsored by Dennis Van Derlaske)

Thursday
September 12
1pm-3pm
CLL

Book Group — Radium Girls by Kate Moore
Kay McKinney

This timely book celebrates the strength of a group of women whose determination to fight improved both labor laws and scientific knowledge of radium poisoning. English author Moore, who directed a play about the girls, writes in a highly readable, narrative style. Her chronicle of these inspirational women's lives is sure to provoke discussion and outrage in book groups. (Sponsored by Dot Meyers)

Tuesday
September 17
10am-noon
CLL

A Story of Ascenders - From Slavery to Today
Charlie Russell

ElderStudy member Charlie Russell has been researching his ancestry for 40 years and has been able to trace his roots back to his 2nd great grandfather who was a slave in 1853 on the David N. Russell farm outside Elkton, Kentucky. It was from this farm that his family took their name. The oral history of his family goes further back. Charlie's focus now is to document that history. (Sponsored by Carolyn Sulima)

Tuesday
September 17
1pm-3pm
CLL

Journalism Ethics: Fact, Fiction or Oxymoron?
Rich Martin

Journalist Rich Martin is back to talk to us about ethics in Journalism. One of journalism's roles is to sort truth from lies, clarify distortions and dispel rumors. But what happens when journalism itself is described as "fake" and professional journalists are called the "enemy of the people?" What are the ethical standards that journalists work under? Are those standards sufficient at a time when distrust of the news media is widespread? In this class we will talk about the ethical challenges that journalists have always faced, and we will consider some case studies in which you will have an opportunity to make decisions about what goes into news stories – and what does not. (Sponsored by Carolyn Sulima)

Wednesday September 18 10am–noon Klein Theatre	Play Discussion —The Complete Works of Shakespeare, abridged, revised by Adam Long, Daniel Singer and Jess Winfield Helen Housley	A company of actors storm the stage and take on The Bard of Avon - 37 plays and 154 sonnets - in a 97-minute madcap romp through the entire canon (but not the one you studied in English class). Fasten your seatbelts and hang on for dear life as you take one of the wildest and goofiest rides in the theatre. The Bard may be rolling in his grave, but you'll be rolling in the aisles for The Complete Works of Shakespeare, abridged, revised. "If you like Shakespeare, you'll like this show. If you hate Shakespeare, you'll love this show!"—The Today Show. "Wildly funny. Masterful!" —The Los Angeles Times. Tickets will be available during and after class. Play Dates: 19 - 29 September; Box Office 540–654–1124. For the hearing impaired, listening devices are available for checkout at the Box Office prior to each performance. The parking lot across from Klein should be reserved for ElderStudy. ElderStudy members may bring non-member guests to this session. (Sponsored by Bob and Carole Hanus)
Wednesday September 18 1:30pm–3pm Ridderhof Martin Gallery TOUR	Fall UMW Gallery Tour I Carole Garmon	The two tours will begin at the Ridderhof Martin Gallery and proceed to duPont Hall. ES receives a personal tour of each current exhibits by the director or curator of the UMW galleries. You may choose to dine in the Maple Room on the fourth floor of the University Center (site of the former Chandler Hall) at a reduced rate before the tour. NOTE UNUSUAL START TIME. (Sponsored by Mary Ann Stana)
Thursday September 19 10am–noon CLL	Trip to a Land Down Under, Part 1 Mike Redding	ElderStudy member Mike Redding will present a slide show of the first half of his trip to Australia in 2016. His trip ranged from the breathtaking scenery of Tasmania, to Uluru in the Outback, to the lush rain forests of the northeast coast and the reat Barrier Reef. Also included in the trip were two of the great cities of the world, Melbourne and Sydney. Mike will present Part 2 in spring 2020. (Sponsored by Mike Redding)
Thursday September 19 1pm–3pm CLL	Curriculum Committee Meeting II	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. (Sponsored by Joe Alfred)
Tuesday September 24 10am–noon CLL	Infectious Diseases - How Safe Are We Lauren Fiske	Dr. Lauren Fiske, an infectious disease specialist at Mary Washington Hospital and Stafford Hospital, will enlighten us on the impact of infectious diseases from an historical, present day and future perspectives. She will focus on current and future threats looking at infectious diseases that we are now facing and will be facing and just how serious some of these threats are. (Sponsored by Chuck Johnson)
Wednesday September 25 10am–noon CLL	Cultural Landscape of the Rappahannock Sue Henderson	Sue Henderson, a Fredericksburg Arts Commissioner and a management team member of the Washington's Backyard Artisan Trail, will provide an exploration of the cultural landscape of the region. Sue will include where to find information on recurring events and activities, key geographic assets and locations and annual events in the W Planning district including King George, Caroline, Spotsylvania, Stafford and Fredericksburg. (Sponsored by Carol Wachter)

Thursday September 26 10am–noon CLL	Volunteering Abroad and at Home John Leahy	John Leahy, a retired Peace Corps volunteer talks about his experience in West Africa in the 1980's and his plans to volunteer again in retirement, this time with his wife. In between, they have begun a community volunteer project in Fredericksburg in honor of their daughter who was a passionate volunteer and activist before her death from cancer in 2016. (Sponsored by Donna Lewis)
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Thursday September 26 1pm–3pm CLL	Chair Yoga for All Kay Hawkins	Kay Hawkins, yoga teacher for 20 years, therapist and certified in the Viniyoga Tradition, asks you to check it out for yourself. The time-tested practice of yoga offers you the knowledge and skills to take charge of your aging process. This is not kid stuff yoga, but an age appropriate yoga practice can help dissolve aches and pains, free up your energy, maintain strength and help develop overall resilience. We begin seated in a chair; we next work with standing postures with the chair there for added stability; we return to the chair for more postures. We finish with eye exercises and a short mind-clearing experience. (Sponsored by Donna Lewis)
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October

Tuesday October 1 10am–12:30pm CLL	The Films and Life of Frank Capra Gary Olsen	As the top film director in Hollywood's "Golden Age," Capra's feel-good movies during the Depression and World War II showcased the courageous American individual triumphing over the collective evil. We will examine his films, including "It's A Wonderful Life," "Mr. Smith Goes To Washington," and "It Happened One Night," movies that have shaped the films of Steven Spielberg, David Lynch, Ron Howard, among a number of today's movie directors. (Sponsored by Alan Zirkle)
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Wednesday October 2 10am–noon CLL	Education Then and Now - Greeks, Romans and Modernity Joe Romero	Joe Romero, UMW professor of classics, philosophy and religion will discuss the education system in ancientreece and Rome and compare and contrast the educational system of classical antiquity with the current direction of higher education. (Sponsored by Phil Hall)
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Thursday October 3 1pm–3pm CLL	Exploring the Chesapeake Bay by Sailboat Barbara Ehman	A discussion about planning and provisioning for a sail on the Chesapeake Bay. A description of historical sites and towns to explore. Dr. Ehman has been sailing for 26 years; she owns a 40-foot sailboat. (Sponsored by Margaretta Williamson)
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Tuesday October 8 10am–noon CLL	A Christmas Tale of Corals and Climate Pamela Grothe	Dr. Pamela Grothe, UMW assistant professor, Earth and Environmental Sciences, will discuss how corals are excellent archives for recording past climate change. The chemistry in their skeleton reflects the temperature and salinity of the ocean at the time the coral was living. In her research, she uses several thousand-year-old corals from a remote island in the central tropical Pacific, Christmas Island, to reconstruct changes in past climates. Knowing how the climate varied in the past allows us to better understand natural versus human-induced climate change. Dr. Grothe's talk will present what the corals have to "say" about changes in the climate, specifically looking at cycles of El Nino and La Nina events, the largest cause for variations in extreme global weather patterns and what that means for future climate change. (Sponsored by Randy Fennemore)
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Wednesday October 9 10:30am– 12:30pm Ripon Lodge TOUR RSVP	TOUR - Ripon Lodge Jessica Alicea	Ripon Lodge is one of the oldest homes in Prince William County. Built 1747 by Richard Blackburn, the historic house is situated between Neabsco Creek, the Potomac River and the historic King's Highway (present day Route 1). The original owners, Richard and his son Thomas, had extensive land holdings in the county where they grew tobacco, wheat and other commodities. RSVP for tour at esbt@hotmail.com (preferred) 703-203-4113, Michelle Esbenshade, no later than 3 October 2019. Tour is limited to 40 ElderStudy members. Cost is \$3.00 per person. Directions: Take I-95 north to exit 156 to Dale Blvd. in Neabsco. Continue on Dale Blvd. Take Rippon Blvd. to Admiral Blackburn Drive. Note, this is a historic home with stairs to second floor. Handicap parking and ramps are available. NOTE UNUSUAL START TIME (Sponsored by Michelle Esbenshade)
Thursday October 10 10am–10:50am 801 Sophia Street TOUR RSVP	TOUR – Shiloh Baptist Church (Old Site) Mark Olsen	We will have the opportunity to visit two of the many historic churches located in the Old Town area of Fredericksburg: Shiloh Baptist Church (Old Site) and the Fredericksburg United Methodist Church. We will meet at Shiloh Baptist Church, 301 Sophia Street at 10:00 am where a church representative will present architectural features and historical information about Shiloh Baptist and answer questions. We will then move to the Fredericksburg United Methodist Church at 308 Hanover Street. The churches are two blocks apart so participants may decide to either park and walk from the first to the second church or move their vehicle. RSVP cmsulima@yahoo.com. Tour limited to 40 members. (Sponsored by Carolyn Sulima)
Thursday October 10 11:10am–noon 308 Hanover Street TOUR RSVP	TOUR – United Methodist Church Margaret Mock	We will move from the Shiloh Baptist Church to the Fredericksburg United Methodist Church at 308 Hanover Street. The two churches are two blocks apart so participants may decide to either park and walk from the first to the second church or move their vehicle. A church representative will present architectural features and historical information about United Methodist Church and answer questions. RSVP cmsulima@yahoo.com. Tour limited to 40 members. (Sponsored by Carolyn Sulima)
Thursday October 10 1pm–3pm CLL	Book Group — The Library Book by Susan Orlean Chuck Watkins	This book re-opens the unsolved mystery of the most catastrophic library fire in American history and delivers a dazzling homage to the beloved institution - our libraries. On the morning of April 29, 1986, a fire alarm sounded in the Los Angeles Public Library. Raging through the stacks, the fire reached 2000 degrees and burned for more than seven hours. The mystery remains: did someone purposely set fire to the library - and if so, who? (Sponsored by Dot Meyers)
Tuesday October 15 10am–noon CLL	When is Our Nation's Birthday David Lassman	While we celebrate July 4th as our nation's birthday, there are many historical events and circumstances that can be interpreted as our real birthday. Join Park Ranger David Lassman as he examines the various options with a combination of provocative ideas, wide insights, and a fair portion of sarcasm. (Sponsored by Charlie Fennemore)
Wednesday October 16 10am–11am CLL	Five Pillars to Brain Health (AARP) Donna Newman-Robinson	Donna Newman-Robinson will discuss how 93% of Americans say brain health is vitally important but they are not sure what to do to support their own brain health. It is never too late to take charge of your brain health and lifestyle behaviors can have a big impact. Donna will review practical, brain-boosting behaviors that will help to keep us mentally sharp. (Sponsored by Donna Lewis)

Wednesday October 16 11am–noon CLL	General Membership Meeting	This is the open forum designed to communicate directly with your fellow members, to better learn how ElderStudy works, to better understand the issues that are facing the organization, and to vote on those critical issues facing us. In addition, new members can meet and develop friendships with like-minded persons, and long term members can renew old friendships. A delicious table of drinks and goodies makes the meeting even more enjoyable. (Sponsored by President Michelle Esbenshade)
Thursday October 17 1pm–3pm CLL	Curriculum Committee Meeting III	The Curriculum Committee is responsible for planning the 45 plus programs that are scheduled each semester. We are always looking for that next new topic on our journey to lifelong learning. Come join us and help develop programs that are interesting and stimulating. (Sponsored by Joe Alfred)
Tuesday October 22 10am–noon CLL	Lincoln in Stafford Jane Connor	Jane Connor has been president of the Stafford County Historical Society 5 times. She will discuss how in 1862 and 1863, Lincoln visited Stafford County, Virginia six different times for a total of 14 days. While there he conferred with commanders, visited soldiers in camps and called on wounded men in hospitals. Lincoln encouraged the army and boosted morale. Lincoln said of his long visit to Stafford, “It is a great relief to get away from Washington and the politicians”. (Sponsored by Randy Fennemore)
Tuesday October 22 1pm–3pm CLL	Microplastics in our Local Environment Andrew Dolby	Dr. Andrew Dolby, UMW professor of biology, will discuss his new research project on microplastics in our local environment, with emphasis on the effects of microplastics consumption by local waterfowl. (Sponsored by Phil Hall)
Wednesday October 23 10am–noon CLL	College Athletics Art Canizares	Art Canizares, UMW interim head tennis coach, will describe the recruiting of college athletes, including division differences in the recruiting process. (Sponsored by Michelle Esbenshade)
Thursday October 24 10am–noon Visitor Center TOUR RSVP	TOUR - Walking Fredericksburg Hauntings Robin Nimmo	Our tour guide, Robin Nimmo, will describe why people say that Fredericksburg has the most history, battles and ghosts in America. Tales of lives and events, famous and infamous, will engulf members on this leisurely-paced walk. History is incorporated into paranormal tales. DIRECTIONS: Meet at the Visitor’s Center, 706 Caroline Street. Street parking or the parking garage is available. RSVP Mary Ann Stana, mastana10@hotmail.com (preferred) or 540–604–5634. The tour is limited to 15 members. (NOTE: Since this tour can accommodate only 15 members, a second tour on October 29 from 4:00 to 6:00 pm has been arranged.) (Sponsored by Mary Ann Stana)
Tuesday October 29 10am–noon CLL	The Seven Days - Lee Takes Command Joe Alfred	ElderStudy member Joe Alfred will present the first victory of Confederate general Robert E. Lee in the Civil War. Following a public relations nightmare in the West Virginia campaign and a desk job in Richmond, Lee is appointed to command the Army of Northern Virginia in 1862 with the Union army less than ten miles from Richmond. (Sponsored by Joe Alfred)

Tuesday
October 29
4pm–6pm
Visitor Center
TOUR RSVP

TOUR - Walking Fredericksburg Hauntings
Robin Nimmo

Our tour guide, Robin Nimmo, will describe why people say that Fredericksburg has the most history, battles and ghosts in America. Tales of lives and events, famous and infamous, will engulf members on this leisurely-paced walk. History is incorporated into paranormal tales. DIRECTIONS: Meet at the Visitor's Center, 706 Caroline Street. Street parking or the parking garage is available. **RSVP Mary Ann Stana, mastana10@hotmail.com (preferred)** or 540–604–5634. The tour is limited to 15 members. **NOTE UNUSUAL START TIME** (Sponsored by Mary Ann Stana)

Wednesday
October 30
10am–noon
CLL

The French and Indian War: An Episode in Controlling America
Greg Gagnon

Dr. Gagnon, an ElderStudy member and retired Indian Studies professor, will offer a perspective on the French and Indian War that describes the American Indians' decisive role in the continuing history of North America. While history portrays the war as part of the historical conflict between France and Great Britain, Native American involvement in the conflict was pivotal not only in the outcome of the war, but in understanding the history of North America. Dr. Gagnon will demonstrate why this conflict was one of the watershed episodes for many Indian nations, the French, the English, the Spanish, the Canadians, and the Americans. (Sponsored by Chuck Johnson)

November

Tuesday
November 5
10am–12:30pm
CLL

The Films and Life of Busby Berkeley
Gary Olsen

Film musicals and their accompanying dancing would not be in existence without the influence of this film director/choreographer. Berkeley created elaborate dance numbers to accompany the musical numbers in his movie productions to show breathless kaleidoscopic performances not seen before on the screen. His craftsmanship shown in films such as "42nd Street" and "Golddiggers" have influenced today's choreographers on the stage and movie musicals. (Sponsored by Alan Zirkle)

Wednesday
November 6
10am–noon
Klein Theatre

Play Discussion —Fun Home music by Jeanine Tesori, book and lyrics by Lisa Kron
Gregg Stull

The journey to adulthood is a road of peaks and valleys. All of us share the experience of what it means to grow up in an uncertain world, to search and stumble along the way, and to forge our way to a meaningful future. In a refreshingly honest, gorgeously conceived, and exceptionally innovative musical based on Alison Bechdel's heartbreaking graphic novel, Fun Home reminds us of the life-affirming joy that comes from facing our fears to become the person we were meant to be. "... an exquisite understanding of the hope you get from children, whom you know will get to make their own lives, have their own fun, away from you." – The Chicago Tribune. "... "a beautiful, heartbreaker of a musical." – The New York Times. Tickets will be available during and after class. Play Dates: 7 - 24 November; Box Office 540–654–1124. For the hearing impaired, listening devices are available for checkout at the Box Office prior to each performance. The parking lot across from Klein should be reserved for ElderStudy. ElderStudy members may bring non-member guests to this session. (Sponsored by Bob and Carole Hanus)

Wednesday November 6 1:30pm–3pm Ridderhof Martin Gallery TOUR	Fall UMW Gallery Tour II Carole Garmon	The two tours will begin at the Ridderhof Martin Gallery and proceed to duPont Hall. ES receives a personal tour of each current exhibits by the director or curator of the UMW galleries. You may choose to dine in the Maple Room on the fourth floor of the University Center (site of the former Chandler Hall) at a reduced rate before the tour. NOTE UNUSUAL START TIME. (Sponsored by Mary Ann Stana)
Thursday November 7 10am–noon CLL	Visitors at the Falls Scott Walker RESCHEDULED to 15 Jan 2020	Veteran tour guide Scott Walker will discuss the Falls of the Rappahannock River. These falls are not like the ones on the Niagara, but our local falls are the reason our early communities came here. These falls created a location that, throughout our history, funneled visitors to and through our area. Scott Walker will look at the wide variety and backgrounds of a few of these more prominent visitors who can be associated with major places and events in American History that everyone is familiar with. This does not necessarily make Fredericksburg the ‘first, best, most, biggest’ of some things but the community has involvements and connections with many historic events and movements. (Sponsored by Mary Ann Stana)
Tuesday November 12 10am– 11am CLL	Servants at Work Charlie Russell	Charlie Russell, ElderStudy member and executive director of Servants at Work Virginia (SAWs) will discuss this ecumenical nonprofit founded in Indiana in 2003. SAWs builds wheelchair ramps for those who cannot afford one on their own. The need for ramps is great and continues to grow as Baby Boomers age and medical advances prolong life. According to the 2010 US Census, 3.3 million people 15 and older use a wheelchair. There are thousands of people with disabilities in the Fredericksburg, Stafford and Spotsylvania counties, many of whom are trapped in their homes for lack of a wheelchair ramp or the resources to acquire one. SAWs-Virginia is being formed to help address this need. (Sponsored by Carolyn Sulima)
Tuesday November 12 11am–noon CLL	Court Appointed Special Advocates Janet Watkins	Janet Watkins, executive director of Court Appointed Special Advocates (CASA) will discuss a changing society with its complicated social challenges. Our legal system, especially with the increases in opioid addiction, is strained to meet the needs of those youngsters who are in foster care or have protective orders. Come hear about how a local program called CASA helps advocate for those who often have no voice. (Sponsored by Ed Kerkhoven)
Tuesday November 12 1pm–3pm CLL	Medicare Supplement Options	Mary Washington Hospital will discuss Medicare Supplement Options. There are ten different Medicare Supplement insurance plans, labeled A, B, C, D, F, , K, L, M and N . These are available in most states through private health care insurers. Each standardized plan has a different level of coverage. (Sponsored by Carol Wachter)
Wednesday November 13 10am–noon CLL	Just How Religious Were the Founding Fathers? Mary Beth Matthews	Mary Beth Matthews, UMW professor of classics, philosophy and religion, will discuss how liberals and conservatives debate the meaning of the Constitution and its notions of church and state. In that context, Mary Beth will examine the faiths of our Founding Fathers. (Sponsored by Carolyn Sulima)

Thursday November 14 10am–noon CLL	Our Virginia Commonwealth Joe Alfred RESCHEDULED to 21 Nov 2019	ElderStudy member Joe Alfred will present the spring 2019 potluck lunch slides including the history and current happenings in the Commonwealth of Virginia. Joe will discuss early times through the Revolutionary War and Civil War. He will also outline the development of Virginia as we know it today and highlight the Mary Washington ElderStudy Tours from spring 2019. (Sponsored by Joe Alfred)
Thursday November 14 1pm–3pm CLL	Book Group — The World According to Bob by James Bower Rose Reif	The further adventures of “A Street Cat Named Bob”. This sequel continues the true-to-life story of a young man on the road to recovery from heroin addiction who is adopted by a special ginger cat, an innately aware animal, who changes both their lives during many adventures of the author’s bushking (street musician) and magazine selling on the streets of London. (Sponsored by Dot Meyers)
Tuesday November 19 1:30pm-3:30pm CLL	Washington and the Continental Army Peter Maugle	National Park Service historian Peter Maugle will discuss how the American soldiers who fought the Revolutionary War and their perennial leader have a remarkable story that is often misunderstood. The eight-year long conflict was not fought predominately by minutemen and militia, but instead by the resilient men (and women) of the United States Continental Army. Washington was not simply a lucky commander, but a skilled strategist who adeptly orchestrated a successful endgame. Peter Maugle shares unique perspectives gained while working for six years at Valley Forge National Historical Park. NOTE UNUSUAL START TIME (Sponsored by Mike Redding)
Wednesday November 20 10am–noon CLL	Edward Weston: A Life in Focus Jeffrey Allison	Among the twentieth century’s most influential art photographers, Edward Weston is widely respected for his many contributions to the field of photography. Along with Ansel Adams, Weston pioneered a modernist style characterized by the use of a large-format camera to create sharply focused and richly detailed black-and-white photographs. Join Jeffrey Allison, Paul Mellon Collection Educator and Manager, Statewide Programs and Exhibitions, Virginia Museum of Fine arts, as he explores Weston’s life and photography from his earliest photographs made at the age of 16 to the masterworks that cemented his place in art history. In addition to information from Weston’s personal journals that not only discussed his theories about photography but also chronicled his many loves and friendships, Allison also shares his own experiences with Weston’s sons and friends such as Ansel Adams and Imogen Cunningham. (Sponsored by Jack Allison)
Wednesday November 20 1pm–3pm CLL	Administrative Committee Meeting II	The Administrative Committee develops policies and plans for operating the organization. It reviews governing documents, updates the Policies and Procedures, monitors finances and projects future needs, proposes the annual budget and member fees. Members are always welcome to attend our meetings. (Sponsored by Keith Fennell)
Thursday November 21 10am–noon CLL	Membership Committee Meeting II	The Membership Committee is responsible for publicity, the newsletter, maintaining the website and planning social events. Members are always welcome to attend our meetings. (Sponsored by Donna Lewis)

Thursday
November 21
1pm-3pm
CLL

Our Virginia Commonwealth
Joe Alfred

RESCHEDULED from 14 Nov 2019

ElderStudy member Joe Alfred will present the spring 2019 Potluck Lunch slides including the history and current happenings in the Commonwealth of Virginia. Joe will discuss Revolutionary War and Civil War. He will also outline the development of Virginia as we know it today and highlight several of the 2019 Mary Washington ElderStudy Tours. (Sponsored by Joe Alfred)

December

Tuesday
December 3
10am-noon
CLL

**The Life of Matthew Henson -
African American Explorer**
David Lassman

Park Ranger David Lassman will discuss Matthew Henson, born in Maryland immediately after the Civil War. Matthew Henson lived an incredible life that included the fame as being one of the first people said to reach the North Pole along with Admiral Byrd. (Sponsored by Charlie Fennemore)

Wednesday
December 4
10am-noon
CLL

Board of Directors Meeting

Board meetings are open to all ElderStudy members. Come and witness firsthand the decision-making process that ensures ElderStudy is meeting its objectives. This is a chance for all members to suggest new ideas for the organization directly to the Board and to committee chairpersons. (Sponsored by President Michelle Esbenshade)

Wednesday
December 4
1pm-3pm
CLL

Fulbright Year in Azerbaijan
Nabil Al-Tikriti

In 2018-2019, Nabil Al-Tikriti, UMW professor of history and American Studies, served as a Fulbright Scholar in Baku, Azerbaijan. Intending to split his time between research in Baku's manuscript collections and teaching a history course at one of the city's universities, he ended up learning a great deal about the Caucasus, Soviet successor societies and higher education in just such a highly centralized state. With this discussion, he will share what he learned from his experience in the course of that year, along with the experiences of his family. (Sponsored by Joe Alfred)

Thursday
December 5
1pm-3pm
CLL

**Election Analysis and the
Electoral College**
Stephen Farnsworth

Dr. Stephen Farnsworth, UMW professor of political science and international affairs and director of the Center for Leadership and Media Studies, will discuss the November election in Virginia. **Professor Farnsworth will also discuss the Electoral College and how it relates to the election of 2020.** (Sponsored by Phil Hall)

Tuesday
December 10
10am-12:30pm
CLL

**The Ten Best Christmas Movies of
All Time**
Greg Olsen

There is no better way of getting into the Christmas spirit than to witness the unveiling of the best Christmas movies ever made. leaped from numerous highly-influential polls from both professional critics and the public-at-large on the best holiday films, this presentation will count down the greatest motion pictures of the season, detailing fascinating facts and presenting clips from each movie. (Sponsored by Alan Zirkle)

Wednesday
December 11
11:00am-2pm

Winter Luncheon

The ElderStudy Winter Luncheon will be held in the NORTH BUILDING ON UMW STAFFORD CAMPUS Invitation will be sent in October Newsletter. (Sponsored by Eugenia Jones and Carolyn Sulima)

Thursday
December 12
1pm-3pm
CLL

**Book Group — FDR and Chief
Justice Hughes by James F. Simon**
Joe Alfred

A dual biography of Franklin Roosevelt and Charles Evan Hughes, one a President and one a Chief Justice of the Supreme Court. Simon covers both well leading to their conflict over New Deal legislation. (Sponsored by Dot Meyers)

