



MESSAGE FROM THE PRESIDENT

- Thanks to Mel Wright for his service to ES as a member of the Board of Directors, as VP, and as President. We wish Mel and Lynne every happiness in their new home and hope to see them this spring in class.
- - With Mel's move, I have become the new President, Joan Bitely, VP, and Dot Meyers as BOD member.
- Deep gratitude to John Thompson for his service as an exemplary ES treasurer. We are happy John continues as a member. We thank Bryn Pavek for accepting the job as the new treasurer.
- As the new semester continues, thanks to the curriculum committee for many interesting new presentations, the membership committee for welcoming new members and events, and the administration committee for updating our policies and procedures with new guidelines.
- Our committees encourage your participation. Please feel welcome to attend a no-obligation meeting to see how they work. Each task assisted by a new committee member adds a different perspective and encourages optimal solutions to issues.
- As a result of many requests from members, we have a new microphone for use in introducing the presenters and to aid in hearing questions posed by our members. Please use it so all may hear.
- The BOD and committees hope to see you at the General Membership Meeting on March 15 @ 10AM when we will elect three new board members. Please mail or bring your ballots with you to the meeting.

With best wishes,

Jack Allison

ADMINISTRATION COMMITTEE REPORT

2017-2018 Budget Call. At the upcoming quarterly Board meeting on March 8, the Administration Committee will formally present a “Budget Call” to the Board and Standing Committees. This notice will alert those members to submit requests for funding in ElderStudy’s 9/1/17-8/31/18 fiscal year to the Administration Committee Chairperson (Barbara Barrett) no later than May 4. During May, the Administration Committee will prepare a recommended budget (including membership fees) to present for approval by the Board at its June 7 meeting. Suggestions related to the budget from other members are welcome.

Policies and Procedures (P&P) Annual Review. The current P&P document was issued with limited updates in September 2016. Board and Committee members, as well as general members, are urged to review the P&P to determine if further revisions and/or corrections are needed. Submit proposed changes to the Administration Committee Chairperson no later than May 4. Those changes requiring approval by the Board will be voted on at its June 7 meeting.

New Administration Committee Chairperson. At the end of this fiscal year (8/31), the current chairman will step down, per her statement upon accepting the position. At its May 24 meeting, the Committee must identify a new chairman and then recommend the selection to the Board in June. This position is an important one that takes only a modest amount of time. Please make yourself known to the Chairperson if you are interested in filing this position.

Next Meeting. The Administration Committee will meet next on February 22 from 1-3 p.m. in the Lifelong Learning Center. All ElderStudy members are welcome to attend.

Administration Committee Chairperson, Barbara Barrett

www.elderstudy.com

What you need to know - when you need to know it.

CURRICULUM COMMITTEE REPORT

We are well into our spring schedule, and the programs to date have been educational and interesting, and the attendance has been excellent. We have begun preparation of the fall 2017 schedule and have Curriculum Committee meetings scheduled for February 16 and March 16. As always, we are in need of ElderStudy members who are willing to sponsor a program by either arranging for a speaker or willing to provide a program themselves. We are finding that our members are increasingly volunteering to present programs.

After some excellent work by some of our committee members, we have available a microphone that is separate from the one used by our speakers and is portable for use by ElderStudy attendees. Following is the current (always subject to change) policy on how this microphone will be used. At the beginning of every program, the sponsor will use this microphone to make any preliminary announcements and to introduce the speakers. In addition, the sponsor will ask the attendees if there are any announcements, and if there are announcements, the sponsor will provide the microphone for use in making any such announcements. As for using the microphone during a lecture or during a post lecture Q & A session, how the microphone will be used will be at the discretion of the sponsor in coordination with the presenter. Possibilities would be to simply have the presenter repeat any question, which would eliminate the need to use the microphone. One other option would be for the sponsor (or a designated person) to manage the microphone and make it available for questions during the lecture and/or during the Q & A session. Another possible scenario would be for the sponsor to repeat the question. The key issue is that all attendees know what question is being asked, and it will be the sponsor's responsibility to ensure that this occurs.

The only outstanding change is our spring schedule involves the "Harps and Their Music" session that was originally scheduled for March 2. It is now scheduled for March 16, 2017 from 10:00 to 12:00.

One final item. It is requested that all cell phones be turned off or muted during our programs.

Chuck Johnson, Curriculum Committee Chairperson

MEMBERSHIP COMMITTEE REPORT

With the start of the New Year, we are celebrating the continued growth of our membership. We are now 283 members strong! We would like to thank everyone for getting the word out about ElderStudy, and welcome our 25 new members who joined us midyear! New members, once you have received confirmation that your name tag has arrived, please remember to pick it up in the classroom office.

Spreading the good word about ElderStudy takes many forms. To that end we are trying to make use of technology/social media to assist us. In addition to our informative web site, we have a Facebook page. We are looking for someone among our membership who is a comfortable Facebook user to serve as the person to keep our page up to date. If you would be willing to take on this task, please contact Donna Lewis or Alan Zirkle for more information.

We would like to remind everyone that our General Membership Meeting is coming up March 15. Please come early to enjoy some light refreshments and an opportunity to socialize with others prior to the meeting at 10 am.

We were happy to see 90 members of our group turn out for the Winter Holiday Luncheon at Lake of the Woods. Special thanks to Eugenia Jones and Carolyn Sulima for their efforts in coordinating this event. (We appreciate your feedback and will use that information in planning for future events.) Our Spring Pot Luck Luncheon will be held at a new venue this year (Spotsylvania Baptist Church) on May 16.

The Membership Committee will have a presence at the Fredericksburg Women's Forum, Fredericksburg New Comers and Old Friends and the Art of Aging Expo. If you know of other opportunities where we can share about our organization, please let us know.

We are always looking for new folks to join the Membership Committee. Our next meeting is April 5, from 10-11 am. No experience necessary! Please join us.

Donna Lewis, Membership Committee Chairperson

Board of Directors Election

At the March 15, 2017 General Membership Meeting, the membership will be voting on three candidates to serve on the Board of Directors for three-year terms beginning September 1, 2017 and ending August 31, 2020. Information on the four nominees for this election is being provided by the Board Secretary to each member as part of this newsletter. Ballots will be mailed separately in the middle of February. The By-Laws require that the ballots be sent at least 2 weeks before the General Membership meeting. All ballots must be returned in person at the meeting or by the U.S. Postal Service by 10:00 AM on March 15 to be counted in this election. Blank ballots will NOT be available at the meeting. E-mail submission will NOT be accepted since ballots will remain sealed until the meeting is called to order and the official counting begins. The election contact person is Secretary Peggy Verdine.



Michelle M. Esbenshade

Michelle has been a member of ElderStudy for two years. She has been active on the Curriculum Committee, arranging tours to Potomac Point Winery, The Violin Shop and the Cold War Museum.

Michelle attended North Carolina State University where she studied Textile Design. She has had several careers on her resume. She was a retail manager in North Carolina and Virginia and a District Jewelry Sales Manager while living in California. After meeting and marrying the love of her life, a Marine named Tom, Michelle continued to show her versatility. She was a realtor, a partner in a gift shop in Pennsylvania and an Assistant Sales Manager for Washington Homes. Michelle is currently the owner of RedHead LLC, a distributor of fine art prints featuring works by her daughter Caroline. Michelle was a school volunteer and a Girl Scout leader for 5 years.

As a Marine wife, Michelle also took an active role. She was involved with the Spouses Club as a Command Representative and was extensively involved with the Executive and Advisory Board as General Manager of the gift shop located on base in Yokosuka, Japan. She has served as Vice President and President of Marine Officers' Spouses Club of DC since living in Virginia. Michelle looks forward to expanding her role in ElderStudy.

Joe Alfred

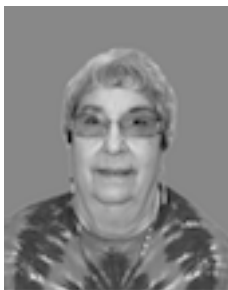


Joe has been a member of Mary Washington ElderStudy for two years, serving on the Curriculum Committee. He is a math major with 41 years telecom experience in positions of increasing responsibility at AT&T including intellectual property, international and domestic standards, marketing and network engineering. Joe has spent more than 17 years negotiating patent and software licenses for AT&T involving U.S., European and Asian businesses and universities. He has extensive experience with the large and small spin-offs from AT&T that have occurred since 1990 and with creating policies and programs for the new services AT&T that started in 1996.

Specialties: Skilled leader of legal, technical, finance and portfolio teams to produce complex license agreements. A distinguished toastmaster, able to articulate clear, meaningful goals and focus team efforts to achieve results. Joe has served as chairman of the Troop Committee for Boy Scout Troop 113 in New Jersey, one of the most active troops on the east coast.

Joe moved to Fredericksburg in 2014 and immediately became involved with scheduling programs for the Curriculum Committee. He is active as a speaker as well, providing seven programs for ElderStudy. As a board member, Joe wants to use his skills and experience to continue the ElderStudy tradition of excellence.

Now in retirement from AT&T, Joe and his wife Siham, a math professor at Germanna Community College and the University of Mary Washington enjoy spending time with their three children and seven grandchildren.



Dot Meyers

Dot is a graduate of Lycoming College in Williamsport, Pennsylvania, with a major in Biology and a minor in Math. She taught school for several years in Delaware and Pennsylvania before moving to Fredericksburg in 1986. She and her daughter bought the business Frame Designs on College Avenue, and they are still going strong. Dot joined ElderStudy several years ago, is a member of the Book Group, and the Editor of the Newsletter.



Michael Mallard

Michael is what the British call an “Hereditary Officer” – a fifth generation career Army Officer on his Father’s side. But he was the first officer in his family to serve as an Army lawyer! Michael attended high school in Alexandria, college in Williamsburg, law school in San Francisco, and postgraduate legal studies for a year in Charlottesville.

Michael was enticed away from IRS by the lure of practicing law overseas with the Army. A highlight of Michael’s 20 year military career was serving as the senior legal advisor in Kuwait during reconstruction efforts in the aftermath of the first Gulf War. After retirement from the Army, and a few years in private practice, Michael returned to Government service as a civilian lawyer with the Transatlantic Programs Center, based in Winchester, Virginia, doing work throughout the Balkans and the Middle East. In 2003 he deployed to Bagdad, Iraq, where he served as the legal advisor for Task Force Restore Iraqi Electricity. During Michael’s final eleven years before retirement in 2015, he served as the senior procurement attorney in support of the U.S. Marine Corps at Quantico.

Michael lives in Spotsylvania County with his wife Jan, who continues to teach Kindergarten at Courtland Elementary School. While his golf and gardening have been limited since both his knees were replaced, he continues to travel and has greatly enjoyed his two years with Mary Washington Elder Studies. If elected to the Board of Directors, then Michael promises to work hard to support Mary Washington Elder Studies, and to ensure that ElderStudy continues to provide its wonderful program - and does so legally!

Mary Washington ElderStudy		Rept Date: 12/4/16	
2016-2017 Operations Report #3		BOD Approved: 12/7/16	
Accounting Category/Subcategory	2016-2017 Approved Budget (6/1/2016)	YTD: 9/1/2016 thru 11/30/2016	% of Plan
INCOME			
Membership Fee (251)	\$15,500.00	\$15,651.00	101.0%
Name Tag Replacement Fees	\$0.00	\$15.00	
Interest from Certificates of Deposit	\$0.00		
Miscellaneous (excludes replacement Name Tags)	\$0.00		
Membership Special Events Fee (LOW)	\$0.00	\$1,575.00	
Curriculum Off-Site Fees (NASA Goddard)	\$0.00	\$1,404.00	profit \$74.10
Total ES Income/Revenue	\$15,500.00	\$18,645.00	
EXPENSES			
Board of Directors			
Awards	\$0.00	\$0.00	
BLS Scholarships	\$1,000.00	\$0.00	0.0%
Election Expenses (copying, printing)	\$200.00	\$0.00	
Grants (from excess 2015-16 Funds)	TBD	\$0.00	
Classroom Contingency	is available	\$0.00	
Subtotal BOD	\$1,200.00	\$0.00	
Curriculum Committee			
Speakers/Programs (Sept-Oct)	\$7,500.00	\$1,300.00	17.3%
Postage/Mailing/Copying	\$125.00	\$0.00	0.0%
Off-site Location Programs	\$0.00	\$1,325.20	(see income)
Gifts/Gratuities	\$25.00	\$0.00	0.0%
Stationery/Supplies	\$100.00	\$5.00	5.0%
Telephone Service (3 mos.)	\$150.00	\$33.00	22.0%
Special Activities	\$0.00	\$0.00	
Subtotal Curriculum Committee	\$7,900.00	\$2,663.20	(#)
Administration Committee/BOD			
General Operating Funds	\$200.00	\$0.00	pending
Stationery/Supplies/Publications	\$600.00	\$0.00	pending
Postage/Mailing/Copying	\$200.00	\$0.00	pending
Subtotal Administration Committee	\$1,000.00	\$0.00	
Membership Committee			
Brochure/Rack Card	\$100.00	\$67.13	67.1%
Stationery/Supplies	\$200.00	\$110.42	55.2%
Gifts/Remembrances	\$100.00	\$0.00	0.0%
Name Tags	\$400.00	\$133.26	(see income)
Newsletter (1 of 5)/Communications	\$1,000.00	\$265.83	26.6%
Postage/Mailing/Copying	\$200.00	\$119.84	59.9%
Web Site	\$0.00	\$0.00	
Telephone Services (3 mos.)	\$150.00	\$33.00	22.0%
Membership Meetings/Spe Events	\$1,200.00	\$220.25	18.4%
Subtotal Membership Committee	\$3,350.00	\$949.53	(#)
Total ES 2016-2017 Expenses YTD	\$13,450.00	\$3,612.73	(#)
(p) Known pending expenses		(b) Includes all expenses	
(b) includes new "white board" supplies			

Some of the fun activities that we have done.



Port Royal Tour



Financial Report

The ElderStudy Operations Report for the first three months of the 2016-2017 Year (September thru November) is enclosed with this newsletter. Membership fees for the reporting period (266 paying members) are sufficient to cover all of the budgeted expenses. As of January 15, the number of paying members has increased to 272. Fees collected in conjunction with the December Lake-Of-The-Woods luncheon were sufficient to cover all of the associated expenses. A mid-year financial report will be presented to the Board of Directors for approval at its March 8 Quarterly Meeting. Questions and comments regarding the Financial Report may be addressed to Bryn Pavek as the ElderStudy Treasurer.

ElderStudy 2017-2018 Budget

Preparation of the ElderStudy Budget for the 2017-2018 Year (September 1, 2017 to August 31, 2018) will begin on March 8 with a formal "Budget Call" being presented to the Board of Directors. All Board and Standing-Committee requests for funding for this period are to be submitted to the Administration Committee Chairperson (Barbara Barrett) not later than May 3rd. During May, the Administration Committee members will prepare a Recommended Budget (including membership fees) for formal presentation to and approval by the Board of Directors at its June 7 Quarterly Meeting. Membership input relating to the budget preparation is welcomed.

This Newsletter is prepared by me, Dot Meyers, with the help of many members of ElderStudy. If you have any questions or suggestions for the newsletter, please feel free to let me know. You can leave a message on the phone, 540-654-1769, or call me at 540-760-1533.